

## FALL NEWSLETTER 2019

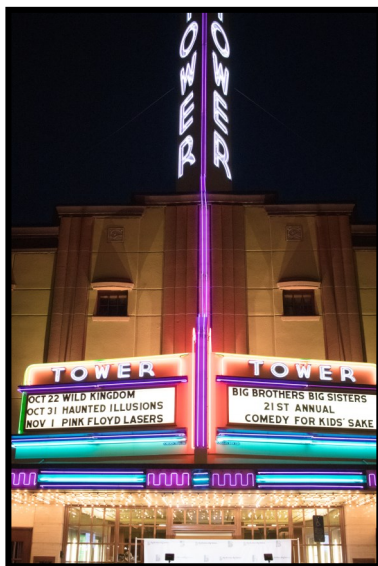


The red carpet is being rolled out for the 22nd annual Comedy For Kids' Sake, presented by Lonza! Bend's premier, 21 and over, red carpet event will be held at the Tower Theatre on November 15th and will include a jaw dropping silent & live auction, appetizers, libations, and two hysterical comedians.

The event will once again be hosted by radio personality, CW star, and BBBSCO Advisory Council Member, Tracee Tuesday. We will also be presenting the "Big of the Year" award to a deserving

### DEFENDER OF POTENTIAL!

Volunteers, your time is needed to pick up auction items for us and on the day of the event, for your time you will receive one free ticket to the show! Furthermore, if your business would like to be included in this amazing event by either sponsoring or donating an auction item, please contact Bridget Albert at 541.312.6047 or [balbert@bbbsco.org](mailto:balbert@bbbsco.org). Tickets are available at [www.bbbsco.org](http://www.bbbsco.org) or at the Tower Theatre.



**BBBSCO: 2125 NE Daggett Lane Bend, OR 97701**



Tele: 541.312.6047

Website: [www.bbbsco.org](http://www.bbbsco.org)



## Thank You La Pine Grocery Outlet!

As you all hopefully know by now, Big Brothers Big Sisters of Central Oregon has focused its attention in the La Pine area to match more children with DEFENDERS OF POTENTIAL. We have reached out to La Pine and Sunriver businesses to help us support these matches financially for years to come. The Grocery Outlet in La Pine was quick to step up and declare BBBSCO their



can write the name of your childhood mentor on the cut out or simply someone you think would make an awesome Big.



charity of the month from August 15th through September 15th.

All proceeds from this campaign will stay in La Pine and Grocery Outlet will match up to \$1,000! We would like to sincerely thank the La Pine Grocery Outlet for their support and for defending, igniting and empowering the potential in the youth of La Pine!

When you get to the cash register, you will be asked if you would like to purchase a "Cut Out" of our "DEFENDER OF POTENTIAL" for one dollar. You then

If your business would like to also take part in a "Cut Out Campaign", please contact Bridget Albert at 541.312.6047.



**Does your child need a backpack with supplies for the school year? The Agnew Family Foundation generously donated backpacks for our Littles. If you would like a backpack, please call our office to arrange a time to pick one up! 541.312.6047**



## **BBBSCO Jefferson County News**

A BIG thank you to St. Charles Health System for their generosity in providing a grant for our Jefferson County program to organize community engagement opportunities for our BIGS, LITTLES & our Community.



Our team had the opportunity to provide

free outdoor family movie nights all over Jefferson County. Thanks to our partnership with Oregon Child Development Coalition, we also hosted a family movie night in Spanish. Our community loved having the opportunity to have healthy fun activities

throughout the summer.

Our BBBSCO Jefferson County Program Coordinator, Alex Penalosa is also gearing up for another successful Site-Based Mentoring Program in Madras. Fifteen students from Madras High School will mentor elementary school students for one hour a week throughout the school year.

Research has shown that teens can be powerful and effective mentors to younger children with an equally powerful impact for the teens.



For more information about our Jefferson County program, please contact Alex Penalosa at 541.604.0287 or [apenalosa@bbbsco.org](mailto:apenalosa@bbbsco.org).



## **Opioid Training Available for Mentors & Parents/Guardians**

As we all know, the opioid crisis has become an epidemic and it is right here in Central Oregon. Big Brothers Big Sisters of America is offering webinars to educate both our Bigs and parents/guardians. Ursula Christie, expert consultant from Caron Treatment Centers, in partnership with Big Brothers Big Sisters of America, led this Mentor webinar training focused on Understanding the Opioid Epidemic. This training will focus on 1) providing an overview of the opioid crisis, 2) identifying signs and symptoms of opioid abuse, 3) providing discussion starters, and 4) additional resources. Please earmark some time to watch these informative videos and educate yourself on this growing local and global issue affecting our youth.

Mentor Training: <https://bbbsa.wistia.com/medias/nq5t1zodxv>

Parent/Guardian Training: <https://bbbsa.wistia.com/medias/22qcn0d9z9>





## LatinX Mentoring Program

*Un objetivo es un  
sueño con fecha.*

*A goal is a dream with a date.*



Do you or someone you know have a passion for empowering LatinX  
Youth to fulfill their full potential?

**Our LatinX Mentoring Program needs mentors!!!**

### What is a LatinX Mentor?

- ⇒ Identify as LatinX or a strong ally to LatinX Culture
- ⇒ Want to help LatinX juniors and seniors through post High School planning
- ⇒ Work well with structured program with monthly facilitated activities that focus on FASFA, ORSAA, Scholarships, and College applications.

Rosie Laurie : [rlaurie@bbbsco.org](mailto:rlaurie@bbbsco.org) : 541.312.6047





## BIG SHOUT OUTS!



A shout to **Bend Brewfest** for an amazing weekend of scrumptious beer tasting while supporting Big

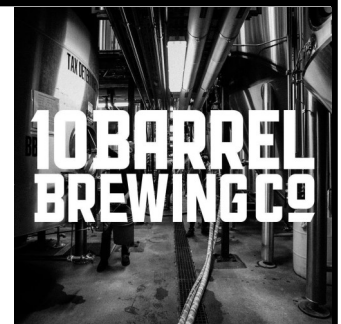
Brothers Big Sisters of Central Oregon, Neighbor Impact, Deschutes River Conservancy and the Bend Fire Community Assistance

Program! Our staff had a blast pouring beer and representing BBBSCO!



A shout out to **10 Barrel Brewery - Eastside** for making BBBSCO their charity of the month in

August! The final tally of the proceeds from August 20th's charity night aren't in yet, but we greatly



appreciate 10 Barrel's ongoing support of our program and being defenders of potential!



A shout out to our Director and BIG Sister, **Elysia Kiyija** and husband Keneth for

welcoming their second child, Savana! Savana's big sister, Siena has been a wonderful helper! We hope Elysia enjoys every moment of our maternity leave, but we look forward to her return to BBBSCO!



A shout out to the Bend Police Department and Bend Fire Department for attending our

summer BBQ with our Bigs & Littles! They brought a motorcycle, SWAT truck and fire truck for the kids to interact with and ask questions. Thank you for your service to our community.

# Match Anniversaries!

## September

### Matched for 3 Years

Kelly & Rainy

### Matched for 7 Years

Bob & Giovanni

## October

### Matched for 1 Year

Emma Jo & Aspen

Megan & Holly

Caitlin & Colby

Faye & Pelliah

Ariel & Sara

Kristen & Oaklen

Cameron & Brody

Jose & Jasper

Zimri & Carissa

Willow & Neila

Maren & J.D.

Lauren & Austin

Andrew & Jeremiah

Abigail & Baylinn

Mercedez & Owen

Aiden & Cody

Alexis & Kara

Alexander & Cody

Blake & Sebastian

Cesar & Oscar

Olivia & Kennedy

Grace & Eli

Kelsey & Olivia

Chloe & Alexsa

AJ & Brayden

Grace & Jazmine

Rick & Daniel

Alex & Jameson

Dhruv & Jourdan

Rane & Danitza

Clayton & Abdiel

Marrin & Trinity

Catherine & Gabrielle

Averi & Ruby

Kenzie & Stefani

Jennifer & Jonny

Karina & Astrid

Braley & Samuel

Anna & Jessica

Lindsey & Jocelyn

Naomi & Riley

Dakota & Maddi

Liliana & Maria

Jessica & Brody

### Matched for 2 Years

Blake & Killian

Shei & Pryor

Felicity & Layla

Cailyn & Daymein

Daniel & Landon

Ruby & Brooklyn

Ashley & Adrianna

### Matched for 3 Years

Victoria & Lilliana



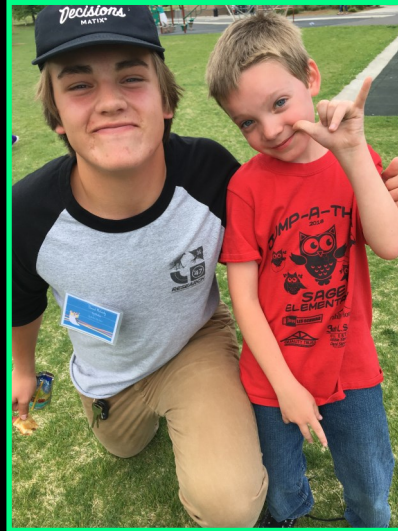


# Match Anniversaries Cont.!

## November

### Matched for 1 Year

Lea & Maddy  
Stacia & Kaliyah  
Carmen & Kelly  
Trinity & Kingston  
Teresa & Karla  
Kendra & Elizabeth  
Olivia & Charles  
Caribou & Tate



### Matched for 2 Years

Todd & Micah

### Matched for 3 Years

Elysia & Milan  
Aria & Faith

### Matched for 4 Years

Becky & Stefanie

### Matched for 7 Years

Kathryn & Trina

Our Redmond Site-Based matches having fun! Research has shown that teens can be powerful and effective mentors to younger children with an equally powerful impact for the teens.



TOGETHER,  
WE ARE  
DEFENDERS OF  
POTENTIAL

 Big Brothers Big Sisters.



# Welcome New Matches!

**Ann McEvoy & Stormie**

**Cindy Ksenzulak & Mackenna**

**Ben Nichols & Jamie**

**Sean Panella & Jonathon**

**JesseJane Johnson & Megan**

**Molly Johnson & Autumn**

**John Hartman & Owen**

**Cynthia Clark & Vanya**

**Allison Cowie & Emma**

**Shanelle Crites & Alyvia**

**Amanda Lewis & Amelia**

**Brad Grant & Enrique**



For questions, comments or submissions to the BBBSCO newsletter,  
please contact Bridget Albert at [balbert@bbbsco.org](mailto:balbert@bbbsco.org)





## **Big Discount List**

When a Big & Little are matched, they receive a copy of our “Big Discount List”. The following page includes the most updated list of local businesses who provide free or discounted goods or services to our matches when they are on an outing together. This list is always being updated as new businesses join, so please monitor our Facebook page for new additions.

Keeping the list in your glove box or taking a picture of it with your phone are great ways to keep it handy. Please remember to always bring your BBBSCO I.D. cards when together, as the business will ask for them to receive the discount. If you have misplaced your I.D. cards, please call our office to receive a new one. Furthermore, make sure to thank the business for their support of BBBSCO! If you know a business who would like to join our Big Discount List, please contact Bridget Albert at [balbert@bbbsco.org](mailto:balbert@bbbsco.org) or 541.312.6047.



# Big Discount List

<u>Category</u>	<u>Business</u>	<u>Address</u>	<u>Location &amp; Hours</u>	<u>Discount</u>
-	-	-	All hours are for weekdays	-
Arts & Crafts	Studio Create	145 NE Revere Ave. 541.323.3480	Bend; 11am-6pm	15% off for Bigs and Littles
Arts & Crafts	Pony Express	160 S. Oak St. 541.549.1538	Sisters; 9am-5pm weekdays	10% off all art supplies
Bikes	Wheel Fun Rentals	Old Mill District & Eagle Crest Resort 541.408.4568	Bend/Redmond, 10am-6pm	FREE rentals for Bigs & Littles (www.wheelfunrentals.com for location information)
Bowling	Sun Mountain Fun Center	300 NE Bend River Mall Ave 541.382.6161	Bend; 10am-11pm	Bowling \$2/game (shoe rental not included)
Food/Drink	Applebee's	3807 SW 21st St & 3197 N Hwy 97 541.318.5720	Bend/Redmond; 11am-10pm	10% off total Big/Little bill
Food/Drink	Arby's	2076 S. Hwy 97 & 535 SW 3rd St 503.389.7436	Bend/Redmond; 10am-9pm	Big buys item & Little gets item of equal or lesser value for FREE
Food/Drink	Ben & Jerry's	680 SW Powerhouse Dr 541.312.8115	Bend; 11:30am-10pm	Big buys a cone & Little receives FREE kid-sized cone
Food/Drink	Cuppa Yo	937 NW Newport Ave, Suite 110 541.306.6993	Bend; 12pm-10pm	Buy 1 get 1 50% off
Food/Drink	Deschutes Brewery	1044 NW Bond St 541.382.9242	Bend; 11am-11pm	Big buys menu item & Little eats FREE from any menu
Food/Drink	Old Towne Pizza	118 NW Greenwood Ave 541.318.9018	Bend; 11am-9pm	10% off any size pizza
Food/Drink	Parilla Grill	635 NW 14th St 541.617.9600	Bend; 11am-10pm	10% off all menu items
Food/Drink	Port of Subs	63056 Lower Meadow Dr 541.388.1580	Bend; 8am-8pm	Big buys any sm, med or lg sandwich at regular price and Little gets any sandwich of equal or lesser value for FREE.
Food/Drink	Red Robin	625 SW Powerhouse Dr 541.382.9234	Bend; 11am-10pm	Big buys regular menu item and Little eats from kid's menu for FREE (or adult menu for \$5 off)
Food/Drink	Sisters Bakery	251 E Cascade Ave 541.549.0361	Sisters; 5am-5pm	Littles and Bigs enjoy one FREE doughnut each
Food/Drink	Strictly Organic Coffee	450 SW Powerhouse Dr. 541.647.1402/541.383.1570	Bend; 6am-8pm (may vary)	10% off Big's drink and Little receives a FREE drink
Food/Drink	Village Bar & Grill	Sunriver Village Mall - 57100 Mall Dr 541.593.1100	Sunriver; 11am-9pm	Big buys a menu item and Little eats for FREE
Health/Beauty	BoXiT Fitness Studio	345 SW Cyber Dr. Suite #104 541.706.0210	Call to schedule class	First class for Bigs & Littles are FREE! With the purchase of a 10 class punch card or monthly, or unlimited pass, Little works out for FREE
Health/Beauty	Feathers Salon - Chloe Woodward	222 NW 7th St., Suite #1 Redmond 541.977.5396	Redmond; Tues. & Fri. 9am-6pm - Appt. required	Little gets a haircut for \$5
Health/Beauty	Stregth Warehouse	345 SW Cyber Dr. Suite #105	Bend, call for reservations	Big pays \$10 per workout and Little works out for FREE
Mini-Golf/Golf	Sun Mountain Fun Center	300 NE Bend River Mall Ave 541.382.6161	Bend; 10am-11pm	\$5.00 Mini-Golf for each person
Museums	Museum at Warm Springs	2189 Hwy 26 541.553.3331	Warm Springs; 9am-5pm	Littles get in FREE with Bigs paying regular admission
Museums	High Desert Museum	59800 S. Hwy 97 541.382.4754	Bend; 9am-5pm	Littles get in FREE with Bigs paying regular admission
Rafting	Seventh Mountain Resort	18575 SW Century Dr 541.382.8711	Bend, call for reservations	Purchase one trip for Big and Little goes for FREE (\$42 per adult - gratuity not included - Reservations: 541-693-9115)
Recreation/Gyms	Athletic Club of Bend	61615 Athletic Club Dr. 541.385.3062	Bend; 5:30am-9pm	Littles get in FREE w/ Big membership
Recreation/Gyms	Bend Rock Gym	1182 SE Centennial Ct 541.388.6764	Bend; 10am-10pm	2 for 1 on the cost of climbing equipment rental and admission
Recreation/Gyms	Cascade Swim Center	465 SW Rimrock Dr 541.548.6066	Redmond; 5am-9:45pm	Little gets in FREE with Big paying regular admission; Call for pool schedule (541-548-6066)
Recreation/Gyms	The Pavilion	1001 SW Bradbury Dr. 541.389.7588	Bend; based on season	Big pays for entry and Little gets in for FREE
Recreation/Gyms	Juniper Swim & Fitness Center	800 NE 6 <sup>th</sup> St 541.389.7665	Bend; 5:15am-9pm but varies	Little gets in FREE with Big paying regular admission; Call for pool schedule (541-389-7665)
Rafting/Stand-Up Paddleboarding	Seventh Mountain Resort	18575 SW Century Dr 541.382.8711	Bend, reserve in advance	SUP-10yrs & up; Big pays \$48, Littles go for free WWR-6yrs & up; Discounted price of \$32 for Big/Little
Skating	Cascade Indoor Sports Center	20775 High Desert Ln 541.330.1183	Bend; Fri.-Sun. 12-3pm, 6-9pm	Big pays full price admission/skate rental & Little skates for FREE; also with Big Play Thing as well
Skating	Seventh Mountain Resort	18575 SW Century Dr 541.382.8711	Bend, call for reservations	Purchase rink admission and skate rental for Big and Little skates for FREE
Sports Entertainment	Madras Dragstrip	927 NW Glass Dr 541.815.2107 annette@madras.net	Madras; based on events	\$2 off spectator fee for Bigs & Littles. Kids under 12 y.o. are always free
Sports Equipment Rentals	Skjersaa's	345 SW Century Dr. #100 541.382.2154	Bend; 10am-6pm	Little gets FREE rental of skis, snowboard, or snowshoes, with paid rental of same by Big
Sports Equipment Rentals	Sunnyside Sports	930 NW Newport Ave 541.382.8018	Bend; 9am-7pm	FREE cross country ski, bike, paddleboard and snowshoe rentals for Littles - no other purchase necessary